

## PARENT WORKSHOP: DISCLOSURE

The process of helping your children understand who they are and any labels that may apply.

with

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Open and applicable to all, regardless of your child's disability or diagnosis (or lack thereof).

Learn concrete ways to help your child understand their own strengths and weaknesses and form a healthy identity.

Hear how adult selfadvocates think and talk about identity

Tuesday April 14 7pm-8:30pm

**Gibbs School Media Center** 

41 Easter Street

MGH Aspire supports children, teens and adults with high cognitive autism spectrum disorder or a related profile. Aspire's focus is on teaching and implementing their "3S" model—to improve every individual's self-awareness, social competence, and management of stress and anxiety.

